

St. Paul's School COVID-19 Protocol

**This protocol has been developed by the St. Paul's COVID team with the help and guidance of the CDC, Dr. Joseph Gonzales from Children's Hospital and Dr. Gina LaGarde from the District 9 Office of Public Health within the Louisiana Department of Health. These guidelines are accurate as of 08/16/20, but may change as new data is analyzed.

The St. Paul's COVID team consists of:

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I. **If you have any COVID symptoms**, stay quarantined at home, contact school and see a doctor ASAP. The doctor will decide what to do. If you are in school and suddenly have any of the following symptoms, notify your teacher immediately and they will send you to the designated COVID pick up site, which is the breezeway at LaSalle Hall. A member of the COVID team will call your parents/guardians and send you home to see a doctor ASAP. Again, the doctor will decide what to do. COVID symptoms are listed below.

- Fever (>100.4°F) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Exposure to a known positive COVID case

II. **If you stay home or are sent home due to the presence of symptoms**, then you will not be allowed to return to school until you see a doctor and he/she decides what to do for you. If the doctor does not believe you need to be tested for COVID, then you may return to school with a note from the doctor and your symptoms are improving. If the doctor does believe you need to be tested for COVID, then you should notify school and remain quarantined at home until you get the results. If you test negative for COVID, then you may return to school with a note from the doctor and your symptoms are improving. A member of the COVID team will communicate with your parents/guardians.

- III. **If you test positive for COVID and DO have symptoms**, then you should notify school and isolate yourself at home. A member of the COVID team will communicate with your parents/guardians. You can return to school without a negative test after:
- 10 days since symptoms first appeared **and**
 - 24 hours with no fever without the use of fever-reducing medications **and**
 - Other symptoms of COVID-19 are improving (**Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation**)
- IV. **If you test positive for COVID and DO NOT have any symptoms**, then notify school and you can return to school after 10 days have passed since you had a positive viral test for COVID-19. A member of the COVID team will communicate with your parents/guardians.
- V. **If you have been exposed/had close contact away from school with person who has tested positive for COVID**, then stay quarantined at home and notify school. If you are in school, notify your teacher immediately and they will send you to the breezeway at Lasalle Hall. A member of the COVID team will communicate with your parents/guardian and send you home to quarantine and record any symptoms on the home symptom monitoring log. Exposures can occur for up to 48 hours BEFORE the positive person starts feeling symptoms or for up to 48 hours BEFORE the person tests positive (if no symptoms). Close contact is defined as being closer than 6 feet for more than 15 minutes. You will need to stay quarantined at home for 14 days since your last exposure/close contact with the positive person. A member of the COVID team will communicate with your parents/guardians and send a home symptom monitoring log that will need to be recorded twice daily and sent back to a member of the COVID team before returning to school. If you live with the positive person and he/she cannot completely isolate from you, then you can't begin counting your 14 days of quarantine until the positive person completes their 10 days of isolation. A negative COVID test CANNOT shorten the length of quarantine, due to the fact that symptoms may appear 2-14 days after exposure to the virus.
- VI. **If you have been exposed /had close contact at school with a person who has tested positive for COVID**, then your parents/guardians will be notified. If you are home at the time, then you will need to stay quarantined at home for 14 days since your last exposure/close contact with the positive person. A member of the COVID team will communicate with your parents/guardians and send a home symptom monitoring log that will need to be recorded twice daily and sent back to a member of the COVID team before returning to school. If you are in school at the time, then you will be sent to the breezeway at Lasalle Hall. A member of the COVID team will communicate with your parents/guardians and send a home symptom monitoring log that will need to be recorded twice daily and sent back to a member of the COVID team before returning to school. You will need to stay quarantined at home for 14 days since your last exposure/close contact with the positive person. In school, close contact is defined as any student behind, in front of, to the left or to the right of the positive person. Close contact would also be

defined as anyone that the positive person carpooled with, ate lunch with or was around for any extra-curricular activity. Also, according to the LHD, the use of face coverings is not a factor in determining close contact.

- VII. It is important to note that if you are exposed to someone who was exposed to a positive person, you do not need to quarantine. You just need to continue to monitor your symptoms. A previous positive test and/or positive antibody test does not exclude you from quarantine. A positive person is considered to be contagious for 48 hours before they began to experience symptoms or for 48 hours before their positive test date. The use of face coverings is not a factor in determining close contacts.