



Preseason Scrimmages



Over the past few weeks, both the Varsity and Jr. Varsity Wolves competed in four scrimmages as they get ready to begin the official season this week! The scrimmages played starting back in mid-October included opponents at Episcopal, Woodlawn, and University High in Baton Rouge. The other two scrimmages were both held at St. Paul's which included a game against Sophie B. Wright and an inter-squad Blue and Gold game where your Wolves played against one another.

The first scrimmage back on October 23rd was held at Episcopal High, and was a three-way scrimmage with Woodlawn. The format of the scrimmage included two JV quarters against Episcopal and one quarter against Woodlawn at the very end. The Varsity played two quarters against both Episcopal and Woodlawn. Since this was a three-team scrimmage, there were periods in which both the JV and Varsity Wolves had to sit in the bleachers as the Episcopal and Woodlawn teams played against each other. This was the first time the Wolves were able to take everything they had been working on in practice and put it to the test against outside opponents. This was also beneficial in that neither of these teams knew much about the Wolves' systems, so it turned out to be a good test to see what the Wolves are excelling at and what need further improvement.



The following week, the Wolves hosted the Sophie B. Wright Warriors from New Orleans on October 28th. The scrimmage started off with two JV inter-squad quarters to allow more time for the Warriors to arrive. Upon the arrival of the Warriors, the Varsity Wolves played two competitive quarters against a very athletic Warriors team. The Wolves had to overcome playing against a team that was most likely faster and longer than most opponents they will face against this year. This was great exposure and experience to see how the Wolves would match up and execute. Following the Varsity quarters, the JV Wolves got another game in with the JV Warriors to make up for the missed games due to the timing mishap. Once again, this was probably the most beneficial scrimmage for both Wolves teams as they both competed and got great exposure against very athletic Warrior groups.

The third scrimmage on November 2nd, was the annual Blue and Gold inter-squad scrimmages. The format included a JV game followed by a Varsity game. Although these games had the intention to be more on the fun side, both Wolves teams used this scrimmage to really work and focus on the systems they had been working on offensively and defensively in the prior weeks of practice. The coaches were able to really see what both Wolves teams did particularly well, and more specifically spot out what it is that still needs improvement. On a side note, this was my (Coach Marc's) very first experience coaching on the bench by myself, so my nerves and anxiousness were at a very high level! But, it was a great night with all the parents getting to see another preview of the Wolves' JV and Varsity teams in action.

Finally, this past week on November 9th, the JV and Varsity Wolves traveled back to Baton Rouge to face off against the University High Cubs on LSU's campus. These scrimmages were the most game-like due to having the score being kept. The JV Wolves first played two 10-minute halves, followed by the Varsity who also played two 10-minute halves. Both the JV and Varsity teams got the job done and came out with "wins." The JV Wolves' talent and athleticism was too much for the JV Cubs as they won by a comfortable margin. I was also a nervous wreck once again due to not having Coach Waguespack present against another opponent. But after having very brief meetings before the game and at halftime, the JV Wolves made it easy for me as they executed very well offensively and defensively. The Varsity Wolves also were able to top the Varsity Cubs with great inside play, and timely outside scoring. After making a few defensive adjustments, the Wolves were able to pull away and secure the "win."



With preseason play now out of the way, the Varsity Wolves are now getting prepared for their first official matchup on Tuesday night at Karr! This will be a great first test for the Wolves as they go up against another very athletic team. But with great preparation and execution, look for the Wolves to begin their season 1-0 with a win on the road! Go Wolves!

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