



Saturday, March 22, 2014 ½ mile, 2 mile & 10K races

Louisiana State 10K Championship & Allstate Sugar Bowl Crescent City Classic Qualifier



DATE: Saturday, March 22, 2014

TIME: 8:00 am - ½ mile race

8:15 am - 2 mile and 10K

One Minute start delay for racewalkers!

Racewalkers check in @ Race Day Registration

Race day registration begins at 7:00 am

PLACE: St. Paul's School / Wolfdom

917 S. Jahncke Ave., Covington, LA

Fast and flat course with the finish on the track!

RACE ENTRY: (checks payable to: St. Paul's Alumni Association)

PRE-REGISTRATION: must be post-marked by 03-14-14

\$ 10.00 Pre-registered Youth (age 16 & under)

\$ 20.00 All entrants (age 17 & over)

Mail: (post marked by 03-14-14)

Payable by check only to: **St. Paul's Alumni Association**

C/O 15th Street Flyers

49 Karen Dr. Covington, Louisiana 70433

In-Person: (on or before 03-14-14)

VARSITY SPORTS

2021 Claiborne St., Mandeville 985.624.8200

Checks only please, payable to: St. Paul's Alumni Association

On-Line: (on or before 03-14-14)

<https://secure.getmeregistered.com/OzoneSpringRun/ozone>

T-SHIRTS: Pickup shirt & race number at packet pickup (Varsity Sports - Mandeville only) and avoid the race day lines. T-shirts will be given to all pre-registered entrants. Race Day entrants are not guaranteed sizes or availability.

AWARDS: ½ Mile: 5-under, 6-7, 8-9, 10-11, 12-13, 14-16

2 Mile: Overall Male and Female; 1st, 2nd place in age groups, 6 & under, 7-9, 10-11, 12-13, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over, (male & female) and Overall Alumni finisher

10K: Overall Male & Female; Masters Male & Female; Grand Masters Male & Female; Overall Racewalker Male & Female and 1st, 2nd Place in age groups 16 & under thru 70 & Over (male & female) and Overall Alumni finisher

REFRESHMENTS:

Post race refreshments, including local food and beverages will be available to all registered participants

FOR RACE INFORMATION CALL:

Diane Weiss: 985.893.3684 or 504.460.2991

Robert Simpson: 985.892.3200 x1270

Race Applications available at:

www.15thstreetflyers.org

www.wolfpackers.com/spring.run.html

PACKET PICKUP:

GET YOUR SHIRT, RACE # AND THE CHANCE TO WIN GREAT PRIZES!

Varsity Sports Mandeville: 3/21/14 ~ 11:00 am – 5:30 pm

2021 Claiborne St., Mandeville 985.624.8200



ALL ENTRY FEES ARE NON-REFUNDABLE

**RACE PROCEEDS BENEFIT THE COMMUNITY PROGRAMS
OF THE ST. PAUL'S ALUMNI ASSOCIATION!**

RACE DAY REGISTRATION:

\$ 15.00 Youth entrants (age 16 & under)

\$ 25.00 All entrants (age 17 & over)

\$ 20.00 Race day only, no t-shirt entry fee

DETACH BOTTOM PORTION AND RETURN WITH PAYMENT

****ONE FORM PER PARTICIPANT****

___ \$10.00 Youth (16-under) registered by 03-14-14

___ \$15.00 Youth (16-under) Race Day Registration

___ \$20.00 All entrants registered by 03-14-14

___ \$25.00 All entrants Race Day Registration

___ \$20.00 Race Day No T-shirt entry

Race Number

Checks payable to: St. Paul's Alumni Association, C/O 49 Karen Drive, Covington, La. 70433

ALL ENTRY FEES ARE NON-REFUNDABLE

PLEASE PRINT CLEARLY:

Last Name

First Name

email address

Street Address/Apartment Number

City, State, Zip Code

Sex M Sex F

Telephone Number

Date of Birth

Age

Walker:

yes

no

Shirt Size YS YM YL SM MD LG XL XXL

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including but not limited to fall, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in considerations of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Parish of St. Tammany, the City of Covington, St. Paul's Alumni Assoc. & the 15th Street Flyers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

SIGNATURE: by participant OR parent or guardian if under 18 yrs. old

DATE